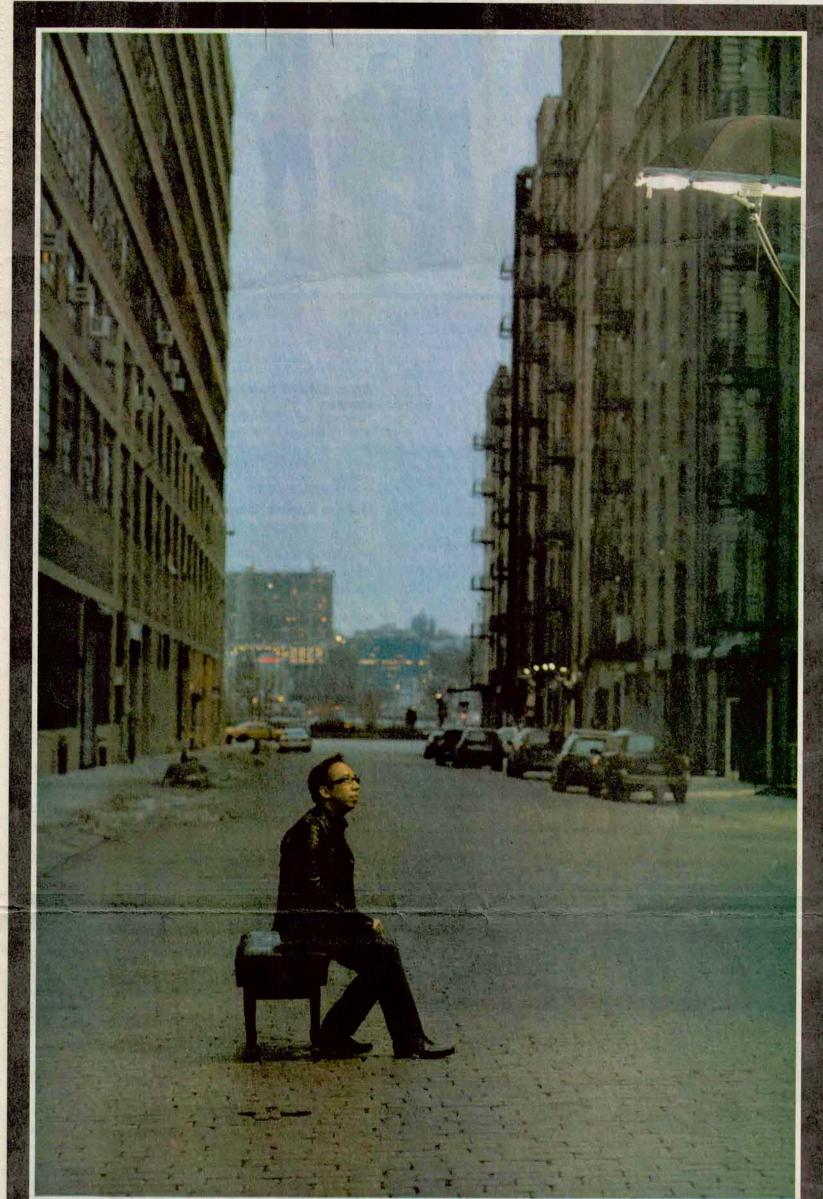
Independent Record

helena (C.com) JANUARY 24, 2014 YOURTIME

music arts entertainment and more

Your Time Oscar ballot contest coming next week





Pianist Joel Fan will perform with the Helena Symphony on Saturday, Jan. 25

'THE MIGHTY PIANO'

Acclaimed pianist Fan to play major works with Helena Symphony

Beethoven's Symphony No. 4 also on program

By MARGA LINCOLN
INDEPENDENT RECORD

Renowned virtuoso pianist Joel Fan returns to Helena Saturday, Jan. 25, for his second concert with the Helena Symphony, "Beethoven and the Mighty Piano" at the Helena Civic Center.

Piano" at the Helena Civic Center.

And, better news yet, he will be performing two major works: Karol Szymanowki's Symphony No. 4 for Piano and Orchestra and Franz Liszt's Piano Concerto No. 1, during the second half of the program.

The concert opens at 7:30 p.m. with the orchestra performing Ludwig van Beethoven's Symphony No. 4.

"It's very rare that a soloist can do two monumental works," conductor Allan R. Scott said of Saturday's program. "It's a gift to have someone who performs with all the great orchestras in the worldand works with Yo Yo Ma's Silk Road Ensemble" to perform here. "He's a very well recognized artist — very respected."

"I must say how excited I am to be coming back to Helena to perform these amazing, beautiful works," Fan said in an IR phone interview from New York City.

"The Liszt concerto is really one of the classic war horses of the literature. It's a really — what I would call a compact unified work. He was a true innovator when it came to the musical form. He wanted the entire piece to be really organic....It goes together in one stream of consciousness. There's a lot of fireworks to the piano — in the typical Lisztian way. The Liszt is written as a true piano showpiece."

The piece by Szymanowski, a Polish composer, is less well known.

"One of the themes of my career has been putting the traditional with the rare," Fan said. "This is why it's so nice to do it on an orchestral program. The last one is like Prokofiev — it is very rhythmic and a lot of fun."

Fan is playing the two works back to back and invites the audience to listen to how the piano is treated by the two different composers.

"It's an unusual concert for a pianist," he admits, "to be doing two different concertos on the same half - is pretty unusual."

If you go ...

What: Helena Symphony and Joel Fan perform "Beethoven and the Mighty Piano" When: 7:30 p.m. Saturday, Jan. 25 Where: Helena Civic Center, 340 Neill Ave. Cost: \$10 to \$50, free tickets to music students available through their teachers Contact: 442-1860, or the symphony office on the Walking Mall (2 N. Last Chance Gulch), or online at helenasymphony.org

As to the challenges? "I wouldn't call them challenges ... it's all about the spontaneity in the moment of creation — it's thrilling and exciting. I think of it as an opportunity."

Fan is looking forward to playing with conductor Scott, he said. "I think Allan is a masterful conductor. Organized. Great technique. Extremely, extremely musically insightful. I'm really excited to be working with him again."

Shortly after Helena, Fan travels to Bogotá, Colombia, to perform. And this past season he completed a massive music

Go to 8 for more Piano



In three-horse Oscar race, a favorite is hard to pick

By JAKE COYLE ASSOCIATED PRESS

In a hydra-headed Oscar race, "American Hustle," "12 Years a Slave" and "Gravity" all have legitimate claims to favorite status. And that's a good thing.

Even if a front-runner emerges from the muchnominated trio over the six weeks leading up to the 86th Academy Awards on March 2, the credentials of each film should be plenty to heighten nerves and add to the drama on Oscar night.

"It's an extremely competitive year," said David O. Russell, whose "American Hustle" landed 10 nods, tied for most with "Gravity," in nominations announced Jan. 16 from Beverly Hills, Calif. "It could go any which way.

Steve McQueen's "12 Years a Slave," an unflinching depiction of 19th century American slavery, trailed close behind with nine nominations, including nods for McQueen, lead actor Chiwetel Ejiofor and supporting players Michael Fassbender and Lupita Nyong'o. Since its festival debut, it's been seen by many as the movie to beat, a film bearing heavy historical gravitas that the lighter "American Hustle" and the literally weightless "Gravity" can't match.

But Russell's wild Abscam comedy, thick in 1970s style, has ridden a wave of enthusiasm for its manic performances. It's three in a row for Russell, too, who may be due for bigger Oscar wins

than his much-nominated films "Silver Linings Playbook" and "The Fighter" managed. A year after "Silver Linings Playbook" landed nominations in all four acting categories, "Hustle" managed the same feat with Amy Adams, Christian Bale, Jennifer Lawrence and Bradley Cooper all receiv-

ing nods. Then there's "Gravity," which, along with nominations for director Alfonso Cuaron and lead actress Sandra Bullock, exerted its force with nominations in all seven technical categories. With \$670 million in worldwide box-office, the 3-D space odyssey is easily the most popular of the bestpicture nominees, widely credited with reinvigorating the spectacle of the big-screen experience.

The three films will vie in the best picture category with "Captain Phillips," "Dallas Buyers Club," "Her," "Nebras-ka," "The Wolf of Wall Street" and "Philomena." If any of them poses a dark-horse threat, it's Martin Scorsese's "The Wolf of Wall Street," a nearly three hour-long portrait of hedonism and greed that some have said glorifies former trader Jordan Belfort.

'The Wolf of Wall Street" landed five big nominations, including best director (Scorsese, his eighth for directing), best actor (Leonardo DiCaprio), best supporting actor (Jonah Hill), and best adapted screenplay (Terence Winter). DiCaprio, now a fourtime nominee, said he felt vindicated.

"To be recognized like

this and to see that there were enough people out there who said, 'Look, we get what this film' - not what it's trying to say, but what it's trying to reflect," said DiCaprio.

'Nobody wants to be

misunderstood." The nominations seemed to favor new blood over esteemed veterans. In an especially strong best actor race, Tom Hanks ("Captain Phillips") and Robert Redford ("All Is Lost") were surprisingly left out. Emma Thompson was omitted from best actress, and her film, Disney's making-of "Mary Poppins" tale "Saving Mr. Banks," was overlooked in the best picture catego-

The best actor category is led by first-time nominee Matthew McConaughey, whose Texas HIV drama "Dallas Buyers Club" earned

six nominations. "I'm at home in Malibu, having a cup of tea, catching the sunrise. My newborn's walking around," said McConaughey, whose nod capped a remarkable reinvention by the actor after sliding into mediocrity. "What a great alarm clock and news to wake up to this morning."

Others enjoying their

first nod were Ejiofor, McQueen, Fassbender, Barkhad Abdi (a limo driver before being cast as a Somali pirate in "Captain Phillips"), 84-yearold June Squibb "Nebraska") and Jared Leto, who had devoted himself to music before returning to play a transsexual in "Dallas Buyers

Piano

tour in China. Fan credits his parents for his passion for music. "They were big music lovers and had really great taste in music. It was really wonderful to grow up listening to (Glenn) Gould, (Vladimir) Horowitz all these great pianists. They really loved this music - that was their

influence. Fan, who started playing piano at age 5, made his performing debut with the New York Philharmonic at age 11.

Throughout his career, he's earned accolades from reviewers across the country.

"Mr. Fan has a powerful touch and a big sound... his playing was the picture of textured clarity... with the sparkle and rhythmic suppleness of a jazz improviser," wrote the New York Times.

"Fan plays beautifully, turning all the spice and pizzazz into pure pleasure," wrote The Arizona Republic.

Scott calls the Liszt piano concerto "a powerhouse."

Known as an outstanding pianist, Liszt was the "rock star" of his day. Scott compares his popularity at that time to that of Elvis Presley and the Beatles. Over the course of his career, hundreds of thousands came to hear him play. Known for his enormous sound, "he probably broke every piano he played.

"You'll see why (he was such a star), there's such flair and drama to this music," said Scott. "He puts his entire personality into his work."

While the Liszt concerto may be more standard



This weekend's performance will be the second in Helena for Fan, who made his debut with the New York Philharmonic as an 11-year-old prodicy

repertoire, the Szymanowski work is sort of a mixture of Rachmaninoff and Shostakovich, Scott said. "Even though he's Polish, he very much has this Russian sound. It's very rich, very lush and very rhythmic.'

"Despite that he was having a pretty miserable life. This piece doesn't show that," Scott said of the work that he describes as having a "bright, optimistic and hopeful sound."

He was gay during a time there was little to no social acceptance of gay people. He was also suffering from tuberculosis and wrote this work to pay for his medical treat-

The "pleasant, lovely and lyrical" work has an almost primal ending with the feel of "Carmina Burana," Scott said.

Like Szymanowski, Beethoven was also suffering at the time he composed Symphony No. 4, yet he too wrote an incredibly joyous work, Scott said. "They were both going through difficult times and their work shows none of that.'

Although Beethoven had gone almost totally deaf, Scott said, "It's completely optimistic and wonderful.

"This is a side (of

Beethoven) we don't see very often," he said.
"He's totally, completely in love. His second movement is one of the greatest love letters he ever wrote. It is gorgeous."

Yet the symphony has Beethoven's distinctive "fire" and "bloodiness" at the end. While some see this piece as a "polite" work by Beethoven, Scott disagrees. Although it has a lighthearted, humorous and fun feel to the music, it also has raw guttural

Scott calls Saturday's concert a real treat for anyone who ever touched piano keys.

"Half the audience should be pianists," he predicted, particularly since music teachers can give their students free tickets to the concert.

"It features one masterpiece few pianists can play and one masterpiece that few know about. They are two very different works and are very powerful.

"It's an exciting concert. That's why it's 'Beethoven and the Mighty Piano.' You will get to see an all-star pianist, to see the versatility of what the composers can do and what someone like Joel Fan can do. He's a world class artist."

coal and pastel drawings of historic ranch buildings still standing in Helena.

Montana Historical Society Museum, 225 N. Roberts, 444-2694."And the Bride Wore: Montana Weddings 1900 to 1960," (through Nov. 1). "Domestic Economy: Managing the Home 1890-1920." Other exhibits - Winchester Lever-Action Rifles and an extensive collection of Charlie Russell works. Permanent exhibits: "Neither Empty nor Unknown: Montana in the Time of Lewis and Clark; "Montana Homefront 1942"; and "Young at Heart," a hands-on exhibit for children

of all ages Montana Military

Museum, Fort Harrison, 324-3550, chronicles Montana's military experiences. Open Thursdays or by appointment.

Montana Veterans Gallery, 318 Fuller Ave. 459-2667 or www.mtvf.org. Original artwork and crafts by Montana veterans, hosted by the Montana Veterans Foundation.

Mountain Spun, 26 N. Last Chance Gulch, 422-1025. Black-and-white photos of the fiber arts community.

Myrna Loy Center, 15 N. Ewing, 443-0287. Showing portraits and painted furniture by Leah Lambert through Jan. 31. Reception Jan. 31 at

■ No Sweat Cafe, 427 N. Last Chance Gulch, 442-6954. Pastels by Steve Westphal through Jan. 31

Real Food Market and

Deli, 1096 Helena Ave., 443-5150. Art by members of the Art Center on display.

■ Red Queen Phantom Gallery & Boutique, Arcade Building, 111 N. Last Chance Gulch., 461-4080. An e-store with a main street presence: www.judykline.com Etsy link, 461-4080. Featuring mixedmedia, jewelry, artwear and handbags by Judy Kline and Debrah Fosket.

Residence Inn, Mar-

riott, 2500 E. Custer Ave., 422-0296. Oil paintings by Carol Hagan and plain air, pastel landscapes by Kathryn Fehliq

■ Starbucks Coffee, 608 N. Last Chance Gulch, 443-

9170. Helena photographer Linda Roberts is exhibiting a collection of photos paying tribute to those who served at Pearl Harbor.

■ State Capitol, 1301 E 6th Ave. 444-3060. Work by

Montana "Treasured Artists, quilters Diana Simkins along with Beverly Marlow, Susan Noble and Linda Parker.

M Staggering Ox, 400 Euclid, 443-1729. 'Beneath the Ashes' by Jose' Manuel Gonzales, who creates paintings from ash. Through February.

M Turman Larison Contemporary, 337 N. Last Chance Gulch, 443-0340. "A Conversation of Paintings," with works by Brandon Reintjes, George Gogas, Sara Mast, Robert Royhl, Phoebe Toland and more.

W Upper Missouri Artists Gallery, 7 N. Last Chance Gulch, 457-8240. Sculpture "Big Love" by Donna Wilson. Paintings by Louis Archambault and stone mosaics by Russell Ratcliff.

Need to update a Current Exhibits listing? E-mail info to irarts@helenair.com.

50 Minute Fitness Downtown-No Gym? No Time? No Problem!
Over 25 classes a week! Morning. Noon. & Night! TRX- Bokwa-Yoga-Cardio -QiGongPilates-Power Pump-PiYo-Zumba-Step & MORE!
NEW! 50-50 FIT a strength and cardio class specifically designed for people in their
prime. M/W 9am

prime. M/W 9am
TRX 4 week BOOT CAMPS begin next week \$99 Limit10 Sign up now!
\$34/8 classes No contract or sign-up fee!
www.50minutchtness.net for FULL SCHEDULE;
2 Last Chance Gulch-Women's Mural Building
(Broadway@Park) 461-8817

Moving From Grief Workshop
Exploring physical movement to experience comfort, connection, and joy. Moving From Grief is a movement-based workshop to help support us as we journey through grief. At times of grief our body can become still, contracted and ungrounded. Sometimes, we feel overwhelm and solation. In this workshop we'll explore ways to physically feel ease and awaken possibilities through playful movement and mindful observations.
When: This 7-hour workshop consists of two Sundays: February 2nd and 9th, 12:00 to 3:30. Costs: \$30 by January 26th or \$100 after.
To register and for information call;
Lisa Fairman, Certified Advanced Rolfer 431-6667
Wendy Fox, Licensed Massage Therapist 495-0760

Classes now forming for beginning stained glass, glass fusing and lead cameing. Evenings Call Harris Art Glass @ 406-202-0260 for more details. Check us out on facebook or on the web at harrisartelass.com

February 12th, 6-8pm - \$95 Much of what makes the furniture we craft unique, is the inlay that we add. Would you like to learn this process? We'd live to teach you! Students in this evening workshop will learn to make and apply string inlay into your favorite furniture projects, using hand and power tools. To register you may call the studio at 443-3342, visit us in the Great Northern Town Center, or email us at alswansongalleryadive.com

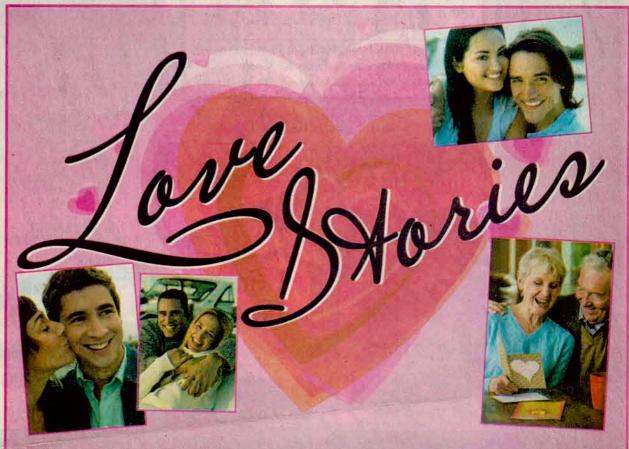
EFT for STRESS and ANXIETY

Wouldn't it be great if you could spend 5 minutes using a simple do-it-yourself procedure to reduce STRESS and ANXIETY? Even in the middle of a chocolate craving, final exam, job interview, income tax filing, blood pressure test, or traffic jam? Guess what—you can EFT (Emotional Freedom Techniques) is a powerful 5-minute, do-it-yourself acupressure tapping technique that has helped millions improve their lives, health, finances, relationships, careers, sports performance, and more. Learn how in a fast-paced, fun, effective "Introduction to EFT" workshop Saturday February 1 and Saturday February 8, 2014, 9:00 a.m. to 5:00 p.m. each day, with EFT instructor CJ Puotinen. Total fee: \$50.

Register by email at japheworld@aol.com or CI@taptheworldEFT.com, or by phone at 914-523-303. Be sure to include your email address and phone number. Free training manual, course handouts, follow-up memos, recommended resources, door prizes, and more. Resurrect those 2014 resolutions and start the new year right!

Three evenings of Guided Meditation with Collect Drake MSW, Tap into your intuition explore your creativity and expand your consciousness.
Thursday February 6, 13, and 20th from 7:00 to 8:30 pm., Carroll College Campus Center
Cost is \$60. Call 459-9313 to register

To place your ad here, email michelle.sides@helenair.com



Tell us all about your great romance for a chance to win great Valentine's Day gifts!

Tell us about what makes your relationship special in 300 words or less online at helenair.com/lovestories

The winning story and couple together with all of the entries will be featured online and in our Valentine's Day print edition on February 14. For complete contest rules and details, see our contest website. Deadline for submissions is February 9.

The winner will receive prizes from our sponsors.

Independent Record

